

October 2026

THE FOUNTAIN

The Parish Magazine serving the communities of the Fountains Group, Aldfield
Sawley & Winkley (Fountains Parish), Azerley, Dallowgill, Galphay, Grantley,
Grewelthorpe, Kirkby Malzeard, Laverton, Mickley & Studley

60p



Dear Friends,

Having worked in the print industry, my husband Paul can tell the weight and quality of paper simply by touch. He also appreciates the beauty of an elegantly crafted typeface, which, in a way, suggests there is some truth in the adage, *'Beauty is in the eye of the beholder.'*

Our perception of beauty may be subjective, but we all recognise beauty in some form or another. However, the nature of beauty is much harder to define, and has been the subject of many philosophical debates, from Plato and Aristotle in the 4th century BC to Hume and Kant in the 18th century. In fact, the poet John Keats probably came closer to the answer with the lines from Ode on a Grecian Urn: *'Beauty is truth and truth is beauty.'*

A piece of music, a landscape, an act of human kindness not only engages our attention, but also awakens something within us, inviting us to see a truth beyond ourselves. Faced with beauty, we become aware of something greater and more enduring, which draws us beyond the physical reality of our lives.

In this sense, beauty can become a kind of revelation of God's creative power. It cannot prove God's existence in any logical way,

but it can offer a window through which God's creation is made known to us. It allows us to look again, seeing beyond immediate realities to a greater truth, and beyond creation to the Creator.

With love and prayers,

Liz

Services in Fountains Benefice – October 2026

4th October

- 9.00am BCP HC, Mickley, *Brendan and Adrian*
- 10.30am HC, Kirkby Malzeard, *Andrew*
- 10.30am Harvest Festival HC, Grewelthorpe, *Brendan*
- 11.00am Harvest Festival, Winksley, *Liz*
- 2.00pm Shared Methodist Harvest Festival, Sawley Chapel, *Brendan*
- 6.00pm Harvest Festival, Dallowgill, *Liz*

11th October

- 9.00am HC, Aldfield, *Andrew*
- 10.30am Harvest Festival, Kirkby Malzeard, *Brendan*
- 10.30am HC, Sawley, *Andrew*

18th October

- 9.00am HC, Mickley, *Andrew*
- 10.30am Methodist Service, Grewelthorpe
- 10.30am MW, Kirkby Malzeard, *Adrian*
- 10.30am HC, Winksley, *Andrew*
- 6.00pm EP, Aldfield, *Liz*

25th October

Benefice HC, Mickley, *Brendan, Andrew, Liz, Adrian*

Fountains Ways Autumn Pilgrimage

What a wonderful day we had on Saturday 12th September, for our benefice 'Autumn Pilgrimage'! This deliberately coincided with the Yorkshire Historic Churches' Trust 'Ride and Stride' weekend.

Although initially the weather looked somewhat unpromising, and various folk had had to send last-minute apologies, there were 17 of us who set off from St Cuthbert & St Oswald's Church, Winksley, to tackle the full, 7 ½-mile 'Curlew Way' pilgrimage route. The morning's walk would pass through Laverton to Kirkby Malzeard, pausing en-route at Laver House Farm, the home of Su and James Wood, to enjoy the beauty of their pond and its flitting dragonflies.

On arrival at St Andrew's, Kirkby Malzeard, we were kindly offered refreshments during our picnic lunch, and found our numbers swelled significantly by various additional walkers, including +Anna, Bishop of Ripon, and her husband, Nigel, along with Matt Trevelyan (aka 'The Curlew Man') and his North Pennines Curlew Choir – who treated us to a lovely curlew-related song which they had composed.

There were now also several families represented, who would take part in the shorter, 3-mile, 'Families' Route'; and who would be accompanied by Matt, now dressed as 'Cathy the Curlew' in a large fabric outfit, along with Jo and John Blackburn, and Karen Pickles, who were leading various games and activities during the route, including the building of a large, makeshift curlew nest for 'Cathy' to settle in!

On this second leg of the journey, there were over 40 participants, swelled by several more for the wonderful cream teas presented by various members of both Winksley Church and the wider benefice, and with cakes, scones, jam and cream also provided by others. By then, the sun was shining gloriously. On completion, the children all received Fountains Ways pin badges, and had their 'pilgrim passports' stamped. There was a lovely community atmosphere as we all squeezed into the Winksley Church Room for the sumptuous teas, which was enhanced by an informative talk by Matt on curlew conservation,

and a further two songs performed by the Curlew Choir. Finally, Canon Brendan offered words of thanks, before +Anna rounded off proceedings by offering us an Irish blessing. It had a been a great day, and hugely enjoyable.



Revd Andrew Cromarty, Fountains Ways Project Lead

Fountains Benefice Confirmation with Bishop Anna,

We have a number of people, adults and slightly-older children, who have been asking about taking their faith journey forward by getting confirmed. So we've approached +Anna, Bishop of Ripon, and booked her to join us to lead a Service of Confirmation at our benefice Holy Communion on Sunday 28th February next year.

Confirmation is the usual route into fuller involvement in the Church of England, and offers a chance for candidates to explore in greater depth what being a Christian means to them. It is also the moment when the bishop lays

hands upon them, praying for God's Spirit to fill them in a new way. They then receive Holy Communion, often for the first time. Some individuals may not have been baptised, and there is the possibility of their being baptised first – either in this service or at another time, prior to this.

We are planning to run a series of preparation sessions for those wishing to be confirmed (or baptised and confirmed). If you would like to explore this possibility, please contact Revd Andrew (07717 226791 of Andrew.Cromarty@leeds.anglican.org). Many thanks.

Marriage

Victoria Swales and William Hitchen on 29th August at Swinton Park

Fountains Parish

Winksley Harvest Thanksgiving

Our Harvest Thanksgiving Service will be held on Sunday 4th October at 11am followed by lunch in the church room. We would love you to join us for the celebration, please bring items that can be donated to our local food banks. Please let us know if you would like to join us for lunch, no charge - donations on the day would be appreciated. All welcome.

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Fountains Parish Autumn Supper

We will be holding our Autumn Supper on **Saturday 10th October** at Sawley Village Hall, 7.00 for 7.30pm. There will be a two-course meal and plenty of time for fellowship and fun. Tickets are £10 and there will be a bar. Funds will be shared between Fountains Parish and Dementia Forward. Please contact either Christine Dent (01765 658208) or Yvonne Fleetham (07889 927785) or email yfleetham@aol.com. All welcome.

Autumn Supper



**Saturday 10th October
7.00 for 7.30pm
Sawley Village Hall**

Proceeds shared between Fountains Parish
and
Dementia Forward

For tickets please contact Christine Dent (01765 620208) or
Yvonne Fleetham (01765 658419) or email
yfleetham@aol.com

Tickets £10 inc. Hot Supper. Bar available.



'Kettle's On'
Winksley Parish Room
Pop-Up Cafe

Tea, Coffee and Home-Made Cakes
Books to borrow/swap

Saturday 3rd October
Saturday 7th November
2-4pm

ALL WELCOME

Grantley with Winksley

Grantley Village Hall

Dominoes

Monday 5th October 7.30pm. Raffle and light refreshments

Strength and Conditioning Fitness Class with Sue White

Every Friday 9.15 – 10.15am

Power Yoga/ Pilates with weights

A strong core, strength and fitness class. Thursdays 6.30- 7.30pm

Dance – Saturday 31st October

7.30- 11.00pm, £8. Sequence dancing with some old time.

Galphay



Pilates with Dee at Galphay Village Institute - Every Thursday (9am)

Grewelthorpe

Grewelthorpe Village Hall October 2026

The Hackfall Café at the Village Hall welcomes customers for indoor and outdoor seating. **OPEN** Monday, Wednesday and Friday 11am-1pm. Saturday – Sunday 11:00 am – 2:00pm. (Note Autumn/Winter weekend early closing from 1st October).

Hackfall Café Needs Volunteers!

Grewelthorpe Village Hall and Community Centre is very fortunate to have an excellent team of dedicated and enthusiastic volunteers, supporting a wide range of activities. Hackfall Café is a key piece in this marvellous jigsaw. Thanks to our Café volunteers, we have created a friendly, welcoming place with a delicious menu of reasonably priced food and drink items.

We need more! The Café is open on Monday, Wednesday & Friday between 11.00 am and 1.00pm, and 11.00am - 2.00pm on Saturday & Sunday (until 3.00pm in the summer months). We work on a monthly rota, and people give as much or as little of their time, as they wish. Nobody is tied to specific days.

We offer training and support, and Volunteers work in pairs. Help is always available! We are a very sociable bunch, and I think it is fair to say we have fun. If you are interested in joining us, please contact Deb Hodges at deborah@grewelthorpevillagehall.co.uk or Judy O'Shaughnessy at judyosh@hotmail.com. Alternatively, please call in one day when we are open, for a look-see!

GREWELTHORPE VILLAGE HALL Invites you to come and enjoy **'A NIGHT OUT AT THE RACES'**

on SATURDAY 17TH OCTOBER at 6.30 FOR 7.00pm - £20

Watch 7 flat races and have a little 'flutter' on the horses. Price includes glass of fizz, posh picnic supper, 5 race tokens. CASH PRIZES / BAR and extra tokens available. Come dressed for the Races!

Tickets available at the Village Hall café during opening hours

Please let us know any dietary requirements when booking

Tuesday 6th October- Grewelthorpe Village Hall has two viewings of **Peoples' Emergency Briefing** - a public information film that combines scientific evidence from leading UK experts, outlining the climate and nature crisis. There will be opportunity for post film discussion and action choices. **1st viewing- doors open 1.30pm film 2pm. 2nd viewing doors open 6.30pm film 7pm.** Bar available for evening viewing.

THE BIG GREEN PIZZA TRUCK - GREWELTHORPE VILLAGE HALL

FRIDAY 9th OCTOBER – 5.30 to 8.30pm – Eat in or Takeaway. Bar available at the Village Hall Café from 5.15pm selling Wine / Beer & Soft Drinks

Saturday 24th October 2026 - Mambo Jambo

Acoustic roots duo and eclectic Musical Explorers, Mambo Jambo are a truly unique two-piece, performing their upbeat mash up of sounds from roots, world, folk and jazz, along with their own compositions. With Frankie on sax, vocals, clarinet, flute, guitar and percussion and Pete on guitar, vocal, ukulele, tres (traditional Cuban guitar), banjo, accordion and suitcase! Pete and Frankie have been gathering admirers at shows and festivals the length and breadth of the country.

Doors open 7pm for an 8pm start. Tickets £12 from the Village Hall during café opening or online from <https://www.wegotickets.com/grewelthorpe>

Regular Classes

Pilates with Elizabeth Mondays 5th, 12th, 19th and 26th. 7:30pm-8:30pm

Yoga with Jo Parker Tuesdays 13th and 20th October. 6:30-8pm

Ducklings Play Group Thursdays 1st, 8th, 15th, and 22nd October. 10:30am–12:00. A drink and snack will be provided. £2.00 per session. All welcome.

Pilates with Gill Thursdays 1st, 8th, 15th, 22nd and 29th October. 6:30pm-7:30pm.

Earthpath Drumming Circle Wednesday 14th October 7pm. All welcome. £5 No experience necessary & spare drums will be available. Contact: Jane 07920196710

Grewelthorpe WI Thursday 1st October Grewelthorpe Village Hall.

AGM and talk by Barbara Bradley ‘Grewelthorpe - I know where that is’.

7.30 for 8pm. Non-members welcome. £4 Light refreshments available.

Contact Mary Wilson 01765 650474 or Terri Duncanson email

terridunk@hotmail.co.uk Tel 07821162401

Community Lunch Tuesday 13th October. £6, in the café. A homemade 2 course hot dinner and pudding, served by our friendly Hackfall Cafe volunteers. Extra portions for freezing can be ordered in advance. Call Susan Rizo on 01765 658200 to order your meal. Please state any dietary requirements.

Grewelthorpe Gardeners' Club Wednesday 21st October. ‘Foliage and Fillers – Plants for the Cutting Patch’ We are pleased to welcome Kathy Kitchenman and Georgina Borderwich for a return visit. They will talk about

favourite plants for cutting and how to set up and maintain a cutting patch.
Contact Mike Johnson 01765 658990 or Delia 01765 609930
delia.jerome21@gmail.com for queries/information.

VILLAGE HALL WEBSITE For more information about activities, events, facilities and to access our online booking system visit

www.grewelthorpevillagehall.co.uk

WHAT'S ON IN GREWELTHORPE If you would like to be kept up to date you can subscribe to this e-newsletter by request at
whatsongrewelthorpe@gmail.com

St James' and the Methodist Church, Grewelthorpe

Thank you to all those that have supported our recent fundraising events including our fantastic Moroccan Evening, Collectors Fair, Rock Night, Bingo Night and delicious Autumn Lunches.

Dates for your diaries.....

Harvest Services

St James and the Methodist Church, Grewelthorpe

Sunday 4th Oct 10.30am

Harvest Festival

Tuesday 6th Oct at 7.00pm

Methodist Harvest Thanksgiving Service

Supper, and Sale

There will be a guest speaker

Collections will be divided between church funds and the
Disaster Emergency Committee (DEC)

GMTR (Grewelthorpe Multi Terrain Race)

11th October 2026 11am

Come and support this Annual event

If you would like to enter, please do so via <https://gmtr.co.uk/>

Any help gratefully received especially leading up to the event with course setting, also general marshalling on the day.

Please contact

juliesteadconnor@outlook.com

G Club

will be held in Grewelthorpe Church on Wednesday, 14th October

6-7pm In Grewelthorpe church.
Join us for a fun time with games and songs around a monthly theme.
All primary school children welcome.
Ring Susan Rizos on 07740703868 with any queries.

Kirkby Malzeard

Mechanics Institute Village Hall: October 2026

Friday 2nd: Music Night 7.30 pm
Saturday 3rd: MacMillan Coffee Morning 10 - 12 noon
Wednesday 7th: Kirkby Malzeard WI 7.15 pm
Wednesday 14th: Kirkby in Bloom 7.30 - 9.30 pm
Saturday 24th: Musical: Close Knit 7.30 pm
Monday 26th: Parish Council Meeting 7.30 pm
Friday 30th: Quiz Night 7.30 pm
Saturday 31st: Halloween (6 - 9 pm)

Regular Classes:

Table Tennis - Monday 5th, 12th, 19th, 26th 10 - 12 noon
Pilates - Monday 5th, 12th, 19th, 26th 4 - 5 pm
Gentle Flow Yoga - Monday 5th, 12th, 19th 6.30 - 7.30 pm
Coffee, Click & Connect - Tuesday 6th, 13th, 20th, 27th 10 - 12 noon
Lunch Club - Tuesday 20th
Yoga - Wednesday 7th, 14th, 21st 9.30 - 10.30 am
Table Tennis - Wednesday 14th, 21st, 28th 6.30 - 8.30 pm
Monthly Tunes Evening - Wednesday 21st 7 - 9 pm
Beginners Yoga for Men - Thursday 1st, 8th, 15th, 22nd 7 - 8 pm
Yoga - Friday 2nd, 9th, 16th, 23rd, 1 - 2 pm

The Kirkby Malzeard Mechanics Institute committee is in need of more volunteers to help at events throughout the year. In the last twelve months there have been approximately fifty events, each of which requires two volunteers alongside one committee member.

Volunteers are always guided by the committee member present and don't have to undertake anything heavy duty. No experience is required - just enthusiasm and reliability.

Please get in touch on 07552740112 or via the contact page on the website: kirkbymalzeardvillagehall.org.uk if you're able to help.

Mechanics Institute Village Hall
Kirkby Malzeard WI At The Mechanics Institute

October 7th – AGM and Social Evening 7.15pm
November 4th 7.15pm – The Linen Industry in Knaresborough
with Claire Joia

Contact: Anne Greenwood 01765 658557

PHEONIX BONFIRE

KIRKBY MALZEARD COMMUNITY BONFIRE

Saturday 7th November

6pm North Close Farm

Bonfire to be lit at 6.30pm by kind permission of the Mawer family

Fireworks, sorry no sparklers.
Food, Drink, Everyone welcome

The village community rubbish collection will be taking place on the morning
of Saturday 7th November at 10am

McMillan Coffee Morning in Memory of Nigel and Anne

Saturday the 3rd of October at The Mechanics institute
10am until 1pm

Sharon Hirst has hosted this event for the past two years and has raised almost £5500 during that time for MacMillan cancer care.

There will be a raffle with some incredible prizes including an afternoon tea for 2 at Grantley Hall, a £25 Tates garden centre voucher and a tractor driving experience plus many more wonderful prizes, a tombola and competitions.



KMLD GREEN TEAM AUTUMN UPDATE

The good news is that our grant application to the Yorkshire Dales Millennium Trust to fund felling some trees on Lamberts Quarry, and establishing a winding activity trail up there, has been successful. It is hoped that the work on the project will commence soon, and that our community can enjoy exploring this area in a new way.

The Green Team and Pathkeepers have received a selection of materials from North Yorkshire Council for repairing gates and stiles. The upkeep of right of way 'furniture' is the responsibility of the landowner, with help from NYC, so if you are a landowner and would like some assistance with repairs to stiles and gates on your land, please get in touch with the Green Team, and we will endeavour to help. Several improvements have been made over the last couple of months by landowners (thank you very much) and members of the Pathkeepers, including erecting a new stile on Old Potter Lane – if you notice an issue, please let the Green Team know.

EVENTS PROGRAMME for the rest of the year - a couple of changes!



<i>Sun 20 September</i>	Crackpots Mosaic Trail walk & survey
<i>Sun 4th October</i>	Apple pressing at Laver House - date change to accommodate early season.
<i>Sun 15 November</i>	"Introduction to Hedge-laying" afternoon with Derek Slater, venue TBC
<i>Sun 13 December</i>	Christmas walk to The Crown in Grewelthorpe
<i>Early 2027</i>	Look out for the Wassailing event at Laver House!
<i>Mon 8 March 2027</i>	Green Team AGM 7pm



Events start at 1.30pm unless otherwise advised with more details circulated the week before. Some "themed" meetings may be combined with a walk involving vegetation clearance &/or surveying of public rights of way, Other

ad hoc activities & workdays will be organised & promoted through the year.

Don't forget to check the noticeboard in the Mechanics and follow the Green Team Facebook page for news and events and for membership details. Pathkeepers are a sub group of the Green Team working on behalf of NYC- if you are interested in getting involved with their activities, please email Patrice.lyth@gmail.com with your phone number and you can be added to the WhatsApp group.

Please do support us as membership income will enable us to offer more activities, and do more to improve rights of way and the countryside in our local area for the benefit of all. The membership scheme has already enabled us to take out our own insurance cover, and we are also grateful to the Parish Council for their support which is enabling us to purchase materials.

Kirkby Malzeard C of E Primary School

It was wonderful to see the school open again after the fabulous summer holiday. Everyone was filled with the energy, smiles, and enthusiasm for the new school year. A very warm welcome goes to our new families joining us this term. We are delighted to welcome you into our school community and look forward to watching your children settle in and make new friends.

During the holiday the teachers were very busy preparing their classrooms and developing the curriculum ready for a busy term. The school also welcomes a new member of the teaching staff- Miss Joely Weston.

At the start of September many pupils entered some fabulous items in the village Flower and Produce Show. There was such a wonderful range of entries from animal shaped biscuits, lego spacecrafts, painted stones and an underwater world in a jar. The artwork and photographs were lovely. There were some great trophies and prizes to be won and well done to all those who entered it was a fantastic event. There was a category in the show for everyone, so don't forget to enter next year.

We are very proud of how well the children have settled back into learning. The children in Acorn class especially Year 1, have helped everyone who is new to the school settle in. Pupils in Cedar class have also been amazing buddies to help the Reception pupils adjust to school life. Recently Oak class have been working on their creative skills and making beautiful collage artwork and designing moving creatures using levers and pivots. Soon they we will be starting a new Art topic with observational drawing of autumn fruits and vegetables. Palm class are very excited about their new reading corner and all the reading adventures going on this year!

The school is welcoming prospective parents to visit this term as part of our 'open term'. Prospective parents are invited to book a tour of the school on a day and time convenient to them.

For more information about the school please email: admin@kirkbymalzeard.n-yorks.sch.uk or call: [01765 658329](tel:01765658329) or follow us on @KirkbyMSchool to see lots of other amazing learning opportunities for our children.

You can also learn more about the school on our website:
<http://www.kirkbymalzeard.n-yorks.sch.uk>

A Drip Drop Theatre musical by E.C.R. Roberts

close knit



Oct 22	Ripley Town Hall, Harrogate
Oct 23	Frazer Theatre, Knaresborough
Oct 24	Mechs Institute, Kirkby Malzeard
Oct 28	Town Hall, Northallerton
Oct 29	Devonshire Institute, Grassington
Oct 30	The Courthouse, Otley

For tickets visit
dripdroptheatre.com

All shows 7.30pm

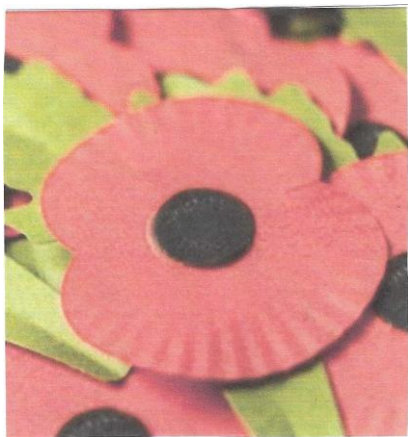
Sponsored by
Upstage Academy



Remembrance Day 2026

**Kirkby Malzeard, Winksley, Grantley and
Sawley Poppy Appeal**

ROYAL BRITISH LEGION



Volunteers Needed

Would anyone be willing to volunteer and help with the annual collection for this worthy cause at the following locations:

The Green, Kirkby Malzeard
Ringbeck, Kirkby Malzeard
Lower Grantley.

We preferably need people who are very familiar with the listed areas/villages and the local population.

Collections take a couple of hours.

Tabards and ID provided.

Collections carried out at the end of October.

If you can help, please contact Paul Cookson

Email: phcookson@btinternet.com, Mobile 07541 26650

Kirkby Malzeard Methodists -“Coffee, Cake and Chat”

Do please come and join us for an informal service with Coffee, Cake and a thought-provoking chat by Rev. Ian Pruden in the Coffee Lounge at the Mechanics Institute from 9.15am - 10am on the 4th Sunday of the month.

The next services will be Sunday October 25th & Sunday November 29th.

Mickley

Mickley Village 100 Club

First of all, thanks to everyone's support of the 100 Club we have been able to give the Village Hall and the Church £1000 each, how fantastic is that. Thank you all so much for your continued support.

A great night was had by all in September at Chris I'Anson's illustrated Masham historical presentation in the Village Hall with a yummy supper too.

Mickley Winter Social Club will be showing the following Films. 7.00 for 7.30pm - a suggested £5.00 donation for the viewing - what a Bargain, a donations bar will be available, do come along, all are most welcome.

Wednesday 14th October, Hamnet

Our First Film of the Autumn and Winter Season will be the multi award winning Hamnet. This is a beautifully produced film directed by Chloe Zhao. In 16th century England, a young tutor and writer, William Shakespeare, (Paul Mescal) meets Agnes (Jessie Buckley) and they fall in love. They have three children, two daughters - Susanna and Judith - and a son - Hamnet. Shakespeare's career as a playwright starts to take off but this tests his relationship with Agnes and his children. Come along and see this Oscar Winning film on our large screen.

Wednesday 11th November - Hideous Kinky is a 1998 drama film directed by Scottish director Gillies MacKinnon. Based on Esther Freud's semi-autobiographical 1992 novel of the same name, it follows a young English mother who moves from London to Morocco with her two

young daughters in the early 1970s. The film stars Kate Winslet and French-Moroccan actor Saïd Taghmaoui. The soundtrack mixes original music with songs from the 1960s, including tracks from Canned Heat, Richie Havens, and The Incredible String Band.

Wednesday 16th December The Penguin Lessons

Tom Michell's 2015 memoir chronicles his experience as a British teacher who travelled to South America to teach at a boys' boarding school in Argentina in the 1970s. On a trip to Uruguay, he visited a beach in the Uruguayan resort of Punta del Este where he stumbled on many dead penguins soaked with oil. He noticed one penguin still alive, and so he decided to rescue it, bringing it to his hotel to clean and feed it. After that, the penguin would not leave him and kept following him; eventually he took it back to the school, where it became a popular pet. Starring Steve Coogan and Jonathan Pryce.

Mickley Village Quiz Night 2026 - Saturday 28th November 7.00pm, Tickets £12.00 (to include supper)

Get chatting with your neighbours and friends to decide upon your Team Members for this year's Annual Quiz Night with the Peter Mason Silver Salver to play for. Andy Lyall once again has agreed to be Quiz Master for this most popular evening in our Calendar

Bob Heywood is compiling the **Mickley 2027 Calendar** - do send through any of your most stunning Mickley photographs through to Bob directly - boblin.heywood@hotmail.co.uk.

Sawley

Events at Sawley Village Hall October

Sat 10th Fountains Parish Autumn Supper

Sat 17th from 10am to 4pm a Day Retreat for Life

Balance Yoga and Meditation - a restorative day to relax and revive - refreshments and a home-made lunch provided.

Sat 31st Children's Halloween party (see poster)**Village Hall Clubs and**

Regular events

Dominoes

Tuesday 6th October 1.30pm & Friday 16th 7.30pm

Bowls

Tuesday evenings 7.30pm, Wednesday lunchtime 1.00pm

Friday mornings 9.30am

Yoga and Meditation with Natalie and Catherine

Wednesdays 10.00am- 11.30am £15.00

Please bring your own yoga mat.

Bookings contact Catherine 07725 816186

(Starting soon a new evening session 7pm to 8.30pm also on Wednesday.)

Strength and Conditioning fitness class with Sue White

Mondays 9.15 am and 10.30 am

Starting from Thursday 1st October 9.30 - 11am Tai Chi with Martin Hepworth

Monthly Library

We are thinking of starting a monthly library at the village hall, with books for all ages, and wonder if anyone has a bookcase that they are willing to donate.

Please contact the email/phone no. below if you are able to help with this project or have any enquiries about any of the above events.

sawleyvillagehall@gmail.com Tel 07721 183097



Sawley Arts Group News

Welcome to Autumn and the last two workshops of 2026. We had a lot of fun in our first six offerings of the year including a wonderful day at Wentworth Woodhouse looking at the changes they had made since our first visit ten years ago. It's well worth the journey if you haven't been. September sees us having a guided tour and morning coffee at Ripon Cathedral which we had booked before but which had been cancelled due to covid. I'm looking forward to that.

So here are **Dates for your Diary**

Saturday 24th October, 10am – 2pm in Sawley village hall **Paper Cutting Art workshop**, make collage pictures and cards with cut-outs and patterns. **Cost £5** incl tea/coffee/biscuits Phone or email Arlene: 01765 620250 to book your place.

AGM precedes above workshop at 9.30am. All members welcome.

Sunday (NB) 29th November, 10am – 2pm, SVH. Our popular **Christmas Workshop**, four different activities and things to make. **Cost £5** incl tea/coffee/biscuits.

Phone or email Arlene: 01765 620250 to reserve a place

Best wishes

Jacky, Jo, Rachel, Arlene and Trevor

Remember that SAG is an arts group in the very broadest sense and we welcome ideas for activities from members who have a yen to organize something be it gallimaufry, games, guitar playing, gurning or something not beginning with G, we'd love to hear from you.

SAWLEY AND DALLOWGILL METHODIST CHAPELS

Oct 4th at 2pm	HARVEST FESTIVAL at Sawley with Rev Brendan Giblin
Oct 11th at 2pm	Rev Sarah Caddell at Dallowgill
Oct 18th at 2pm	Rev Ian Pruden at Sawley
Oct 25th at 2pm	Dallowgill HARVEST FESTIVAL with Rev Mark Godfrey

Harvest services continue on Monday 26th Oct at 7pm with Rev Claire Cawthan followed by supper and sale of produce

SATURDAY 7th NOVEMBER - Coffee morning and Gift Day at Sawley Chapel 10-00 to 11-30. Please join is for a cuppa and chat.

**Passionate about your local area?
Become a parish councillor to make a difference in your
community**

Azerley Parish Council

We need proactive individuals to help shape local decisions,
influence services and represent your neighbours.

Ideal for those looking to give back, no prior experience
necessary as training via Yorkshire Local Councils Association
is provided.

To apply or learn more please contact the Parish Clerk
at: clerk@azerley-pc.gov.uk

Life Balance Yoga & Meditation

with Natalie and Catherine

Wednesday sessions: 10am - 11.30am and 7pm - 8.30pm
at Sawley Village Hall, HG4 3EQ



We offer a unique combination of simple, practical, yet transformational yogic methods, created for all abilities to come together.

To explore a range of yoga, breathing techniques and guided meditation, designed to enhance all aspects of body, mind, emotions and energy.

Discover gentle, effective ways to reduce stress, improve your sleep, health and wellbeing.

Enjoy more balance in life.

90 min session £15 | First session free

Day Retreats

Saturday 17th October and Saturday 28th November 10am-4pm,
at Sawley Village Hall, HG4 3EQ

This is your opportunity for a restorative day; to relax, revive and experience a deeper exploration of Life Balance Yoga and Meditation.

The fee for the day is £55, to include refreshments and a nourishing home-made lunch, in a peaceful, rural space.

To find out more and to book contact:

Catherine 07725 816186 email: lifebalanceforlife@gmail.com



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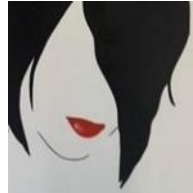
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The next issue of The Fountain will be the November 2026 edition.
Items for this should be sent to the editor by 14th October, 2026

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